

# Annual Report of Jyothis Charitable Society 2015-16

## Introduction

“Love others as you love you” By keeping this word of God in mind jyothis tries to love and help others to have a descent and dignified life by extending the hand, mind and heart instead of giving money.

Jyothis charitable society is a non profit registered society with reg. No k368/08 working in all over India for the upliftment of the poor and marginalized people. Jyothis is rendering the service all over India through the registered societies of 11 provinces of S.H Congregation. It was clearly mentioned in the last year meeting that lack of awareness is the major constraints to work effectively in the area of community development.

For the efficient service and systematic functioning jyothis prepared a policy and guidelines for each and every sector by giving a particular names as it reserved.

**Core group meeting :-**Core group meeting as a three tyre system is the system developed for the effective functioning of the social work in our congregation which means General core group, provincial core group and zonal meeting. General core group meet two times in every year which includes General councillor for social work along with the consulting body, and provincial councillor and provincial coordinator for social work. So it took place in Changanacherry provincial house in 2015 August 23,24 and 25 and in Chalakudy March 6,7,8 and 9 2016.

**Jyothis resource Centre:** Jyothis tries to make use all the available resources and to distribute it in proper way with the intension to make our sisters more resourceful and to make capable them to train our people to be enriched with the maximum resources. For this purpose few capacity building programmes are being organized and make available them to our sisters.

As per the constant request to Caritas India, the apex body of the catholic social service societies, has agreed to deliver their training to our sisters particularly and in the mixed group. So 9 of our sisters have attended in DDC programme in Nagapur and Delhi. As the general core group members have gathered for the 8<sup>th</sup> General core group on 2015 September, in Changanacherry provincial house, there was an input by Rev. Fr. George, Director of Kerala Social Forum, and the 9<sup>th</sup> meeting was in Chalakudy and Kodungalloor., motivation for self reliance by Mr. Varghese Paul at Chalakudy. Strategic planning of social work has been conducted by the resource team of the congregation in every province as four days workshop for the decision making members in different service sector during the period of 2015 June to October. It accelerates the functioning of the social work activities as a whole. As a result it is documented in a particular way in all the provinces.

**Wings to Win:-** While thinking about the development of the marginalised people, doing something for the betterment for the youth is very much necessary, since it is the turning point for life as an adult. Whatever input is given during this time will be fruitful at some point of time. So four days camp was organised for 85 youth at Moolamattom in the year 2015 April and the youngsters from different localities and districts have attended and enriched by the camp for their team building and self awareness.

**Publication:-**Publication is a method of the documentation as well as the way of providing information. There is a quarterly publication named Jyothis News and Events which has been reaching out to all the S.H community in every three months and to ensure the availability of the bulletin it is conducting a quiz programme and the winners are being given the prizes.

**Wings to win:-** Jyothis charitable society focus on the welfare and development of the marginalized people. At present due to many reasons many of the youth are wandering without proper life goal. So Jyothis has given special care for their total development and liberation by conducting residential camps for four days at Moolamattom with the help of resource persons of Varghese Paul, Mangaldas and Dr. Joseph. There were 75 students from different parts of Kerala to attend the programme.

**Agro Album:-**

As part of the awareness campaign on the healthy food for the healthy life by protecting the environment, a competition on agro album had been conducted in convent level, province level and general level on making Album by collecting and pasting of the new knowledge and the information from various sources. The General level 13 albums were graded by an expert team and the highest score was for Thallacherry province and the next one was for Manthavady province. All the participants also were given consolation prizes. This provided a chance for the sisters to think in a unique way and to collect more knowledge from different sources which makes them to utilize in a better way. Also it helps the participants to explore the opportunities in a creative way. Total there were 110 participants for the agro album competitions from different provinces.

**Darshan-**By the programme darshan the children are trained to have a new vision for their life by participating in various level of camps and residential programmes. In the month of May there was a ten days camp for the children in the local area by which the children were taken for exposure visits and provided opportunities to express their views and ideas. Also the participants were taken for home stay in Alleppy dt. So that they were created situations to experience the beauty of the nature in a particular way. Two days workshop for TOT (Training of trainers) have been conducted in Changanacherry and in Thallacherry to conduct summer camps in an effective way, in which there were total 52 participants. The resource person was Sr. Christy Maria S.H in both the places. As the output there was more than thousand children have been benefited.

**Subscription:-** The subscription help us to be up date our knowledge and awareness on particular area. As Kerala state is rich enough with coconut trees, the people should be able to utilize the natural resource out of this coconut. To get awareness on the maximum utilization of this precious tree the "journal of Nalikeram" is subscribed so that imparting of scientific knowledge to many people become easy. At the same time Jyothis is publishing a tri-monthly news letter named as Jyothis News and Events and circulating to all the convents of Sacred Heart Congregation and to the like minded people.

**Staffing:-**Staff is an inevitable element of any functioning organization. So Jyothis appointed a full time staff for the proper functioning of it. The present staff is appointed on 2013 June 1<sup>st</sup>. She is entrusted all the activities, its documentation and office work and she is timely monitored. Also there is a volunteer staff right from the beginning of the financial year and she is an assistant for the office work.

**Jyothis Vikasana Samithi:-**Jyothis Vikasana Samithi is the daughter of Jyothis charitable society which extends its service to the poor people who reside within 5 KM surrounding to S.H Generalate. Weekly savings of money and its collection, Saving scheme for the children, awareness programme on various issues, skill training, celebrations of important days and providing financial assistance for income generating programme are the major programmes took place for the welfare of the people in the locality. Dr. Haridas has taken class for the beneficiaries of Iswarya project on natural resource management and the participants have been distributed saplings of banana.

On behalf of Jyothis Vikasana Samithi, as per the request by the local people, especially senior citizens, one eye camp is organized by collaborating with inter optical, Kanjikuzhy and 85 individuals have been benefited out of that and most of them have a chance for better treatment by free of cost.

**Aiswarya:-** inculcating saving habit right from the childhood helps the individual to be financially independent. To increase the amount of saving, they should have the motivation to do so. Right type of input turn many people to the right path and the success of life is the impact of it. To impart the motivation to be self sufficient in life especially in the financial aspect, an awareness class has been conducted by Dr. Haridas in the month of November and there was 55 participants took part in it.

**Jyothis buds:-**Training to catching the fish is more fruitful and sustainable in nature than giving fish. Instead of helping the needy people in their emergency time which is called as charity activity, according to the principle of social work motivate and help them out to start any sort of income generating activity as per their talents, capacity, life situation, family atmosphere and timings. This programme is known as jyothis buds. This year Balthangady region has been given one lakh of rupees for the income generating programme. Surrounding to the S.H Generalate few families were given training on tailoring and computer. Proper follow up takes place so that it is ensured that how do they get benefited out of that and how much income is increased by this activity.

**Sacred Heart Group for women:-**

Women are the light of any family and the family is enlightened as per the brightness of the light. At the same time women are considered as weaker section of the society. So it is the duty of any civil to help the women in all the ways so that women empowerment will be ensured. To reach all these purpose, majority of the members in the group for women had been taken for the picnic to Thenmala and Ariankave and the leaders had been taken to Kitex at Kizhakamalam.

**Ever green:-**Evergreen is a project to protect the environment by all means and to satisfy human needs instead of their greediness. For this purpose, most of the people in the locality were distributed plants to make greenery of the surroundings. To have the food safety and food security awareness class along with Vegetable seeds and sapling of banana were distributed and competition on kitchen garden also held.

Also jyothis has got project from Centre for Environment development and another project on Urjakiran which is designed by State Government to motivate the people to save the electricity and protect the natural resources for the coming generations too.

**Conclusion:-**By one year of functioning it is noticed that, Jyothis could reached out to many people to a certain extend. It is sure that it is a humble beginning and much more things has to be done within coming time with the cooperation and contribution of many well wishers.

## Newly elected governing body members

The annual general body meeting of Jyothis charitable society held on 23<sup>rd</sup> August 2015 presided by the president Rev. Sr. Little Treasa S.H. The annual account and the annual report has been presented by Treasurer and secretary respectively and passed by the general body members. Followed to that new governing body members have been elected unanimously.

The details of the newly elected governing body members are given below.

Sl.No	Name	Address	Designation	Signature
1.	Rev. Sr. Little Treasa S.H	S.H Generalate, Manganam , Kottayam	President	
2.	Sr. Christy Maria S.H	S.H Generalate, Manganam , Kottayam	Secretary	
3.	Sr. Jessy Philip S.H	S.H Generalate, Manganam , Kottayam	Treasurer	
4.	Sr. Jane Francis S.H	S.H Generalate, Manganam , Kottayam	Member	
5.	Sr. Joice Liza S.H	S.H Generalate, Manganam , Kottayam	Member	
6.	Sr. Tresiamma S.H	S.H Hospital Painkulam	Member	
7.	Sr. Taisy S.H	S.H Provincial house Pala	Member	
8.	Sr. AncillaThayyil. S.H	S.H Generalate, Manganam , Kottayam	Member	
9.	Sr. Celine S.H	S.H Generalate, Manganam , Kottayam	Member	